

## Testimonials of Former Students

*"I very much appreciated the candid and unbiased information presented including science and scientific background. This course will change the way I use RT300."*

Sarah Hinck, PT (USA)

*"Our patients love their FES time and this course has given me information to fully support our FES program."*

OT (USA)

*"It brought out the exercise physiologist in me! Can't wait to get back to work!"*

Sheryl Rosa, EP (USA)

*"A really positive and productive experience – quality teaching."*

Sue Paddison, PT (UK)

*"Really GREAT course. Very informative. I am excited to apply all that I learned."*

Lynsey Nagle, PT (USA)

*"Excellent! I now feel confident that I can take my clients to the next level!"*

Gina Cooke, OT (USA)

## Instructors

Wendy Warfield, MSHA, OTR/L  
T. Ann McElroy, PTA, AS  
Stephanie Huber, MS, OTR/L  
Laurie Magerfleisch, PT, DPT  
Robin Baker, PT, DPT



[restorative-therapies.com](http://restorative-therapies.com)

1434 Fleet Street  
Baltimore, MD 21231  
USA

Phone: 1-800-609-9166  
Fax: 1-410-878 2466

## FES Powered Systems combined with Xcite FES Clinical Station Course for Clinicians



This 2 1/2 day course is designed to give PTs, OTs, and EPs knowledge and practical experience to deliver best-practice FES therapy.

Participation earns CEU credits.





## Course Prerequisites

- Detailed knowledge of the anatomy and physiology of the nervous and musculoskeletal systems
- General knowledge of electrical stimulation application
- Prior experience with a Restorative Therapies FES system

## Course Content

- Prior home study: review of the anatomy and physiology related to FES
- Lecture series
- Multidisciplinary team learning, round-table discussions
- Workshops where you design, deliver, and review an FES-based physical activity program with actual clients
- Hands-on experience with RT200, RT300, RT600, and Xcite
- Pre- and post-course testing

## Course Objectives

- Understand the research and clinical rationale for FES ergometry
- Understand patient and product selection
- Learn to set appropriate functional health goals
- Learn to optimize the FES therapy and physical setup
- Understand and interpret the objective outcomes from FES ergometry
- Learn to establish therapy progression to achieve set goals
- Learn to create a comprehensive treatment plan that incorporates FES ergometry with Xcite



## Enrollment

Register online now for the **FES Powered Systems combined with Xcite FES Clinical Station** course at **[RTI-store.com/training](http://RTI-store.com/training)** or contact us:  
[support@restorative-therapies.com](mailto:support@restorative-therapies.com)  
Ph: 800-609-9166, ext 334.

Regular cost: \$500  
Early registration: \$400  
(if booked at least 2 months in advance)

This 2 1/2 day course is offered at the Clinical Training Center in Baltimore. Check our website for dates.  
**[restorative-therapies.com/CTC-training-dates](http://restorative-therapies.com/CTC-training-dates)**

This is your opportunity to gain advanced knowledge and experience working with all our FES Systems.

- RT200 hybrid elliptical
- RT300 cycle ergometer
- RT600 stepping system
- Xcite FES Clinical Station