#### Testimonials of Former Students

"I very much appreciated the candid and unbiased information presented including science and scientific background. This course will change the way I use RT300." Sarah Hinck, PT (USA)

"Our patients love their FES time and this course has given me information to fully support our FES program." OT (USA)

"It brought out the exercise physiologist in me! Can't wait to get back to work!" Sheryl Rosa, EP (USA)

> "A really positive and productive experience – quality teaching." Sue Paddison, PT (UK)

"Really GREAT course. Very informative. I am excited to apply all that I learned." Lynsey Nagle, PT (USA)

"Excellent! I now feel confident that I can take my clients to the next level!" Gina Cooke, OT (USA)

#### Instructors

Wendy Warfield, MSHA, OTR/L T. Ann McElroy, PTA, AS Stephanie Huber, MS, OTR/L Laurie Magerfleisch, PT, DPT Robin Baker, PT, DPT



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FES Powered Systems combined with Xcite FES Clinical Station Course for Clinicians



Our 2 1/2 day course gives you the knowledge and practical experience to deliver best-practice FES therapy.

Participation earns CEU credits.





## **Course Prerequisites**

- Detailed knowledge of the anatomy and physiology of the nervous and musculoskeletal systems
- General knowledge of electrical stimulation application
- Prior experience with a Restorative Therapies FES system

## **Course Content**

- Prior home study: review of the anatomy and physiology related to FES
- Lecture series
- Multidisciplinary team learning, round-table discussions
- Workshops where you design, deliver, and review an FES-based physical activity program with actual clients
- Hands-on experience with RT200, RT300, RT600, and Xcite
- Pre- and post-course testing



### **Course Objectives**

- Understand the research and clinical rationale for FES ergometry
- Understand patient and product selection
- Learn to set appropriate functional health goals
- Learn to optimize the FES therapy and physical setup
- Understand and interpret the objective outcomes from FES ergometry
- Learn to establish therapy progression to achieve set goals
- Learn to create a comprehensive treatment plan that incorporates FES ergometry with Xcite





# Enrollment

Register online now for the FES Powered Systems combined with Xcite FES Clinical Station course at **RTI-store.com/training** or contact us: support@restorative-therapies.com Ph: 800-609-9166, ext 334.

Regular cost: \$500 Early registration: \$400 (if booked at least 2 months in advance)

This 2 1/2 day course is offered at the Clinical Training Center in Baltimore. Check our website for dates. <u>restorative-therapies.com/CTC-</u> <u>training-dates</u>

This is your opportunity to gain advanced knowledge and experience working with all our FES Systems.

- RT200 hybrid elliptical
- RT300 cycle ergometer
- RT600 stepping system
- Xcite FES Clinical Station